

**NO ACT OF
KINDNESS
HOWEVER SMALL
IS EVER
WASTED**

- AESOP

CHORLTON HIGH SCHOOL 

12 DAYS OF KINDNESS

IN SCHOOL KINDNESS

- Smile at everyone you see today and brighten up their day
- Write and leave a kind message for someone you know
- Write a positive message to someone who is feeling down to cheer them up
- As a form, Make a card with kind and positive messages and post it to a children's hospital, the local police or to an old people's home
- Surprise someone you know with a bar of chocolate or a treat
- Give a compliment to a teacher or friend to make them smile
- Pick up a piece of litter and bin it- keep our school clean
- Help a teacher carry their books or run an errand in school

OUT OF SCHOOL KINDNESS

- Offer to run an errand for someone who needs help. This could be a friend, a family member or a neighbour
- Donate a bag of clothes to a local charity shop
- Donate 2 tins of food to a local food bank
- Take the bins out for your elderly neighbour
- Give up your umbrella to someone when it's raining
- Give a compliment to a family member to make them smile
- Turn off your phone for one night and spend it with a family member
- Buy an extra tram ticket and leave it for someone to find

RANDOM ACTS OF KINDNESS

